

Role Description: Integration Hub Lunch

Upbeat is a charity that exists to help refugees settle and rebuild their lives in the UK. We want to see strangers become neighbours. We are looking for enthusiastic, caring and compassionate individuals to join the Upbeat team.

It is a privilege to work with such inspiring people from around the world. Whilst it is a serious commitment, this is an extremely rewarding opportunity to come alongside refugees and asylum seekers as they navigate life in the UK.



Responsible to: Lauren Parton (Volunteer and Community Coordinator) and Elliot Cooper (Integration Manager)

Location: Trinity Baptist Church, Green Ln, Derby, DE1 1RT.

Your Commitment

We require a 1-year commitment from all our volunteers. Our activities run on weekdays. We are looking for volunteers to commit to 1 session per week (though fortnightly can be considered). Lunch volunteers will be required to complete a food hygiene course.

Responsibilities

- To create a warm, welcoming environment.
- To chat with participants.
- To work as part of a team to cook and serve meals and clear up, while abiding by food hygiene guidance.
- To organise meals in communication with the Integration Manager.

Qualities Needed

Volunteers will need to be:

- Punctual and committed to good communication with project lead.
- Reliable, responsible and have good communication skills.
- Respectful of those from diverse cultures with different beliefs.
- Ability to cope with stressful situations.
- Confident in the kitchen and familiar with food hygiene best practice.

Why Volunteer with Lunch?

Arriving in a new country can be a daunting experience, especially if you have been through trauma and loss. Our projects aim to reach out to people when they are most isolated. As well as food being a wonderful opportunity for connection and community, the cost of living is increasing and therefore, food poverty is a risk many face. By volunteering with Integration Hub Lunches, you will ensure that those seeking refuge in Derby can come along and receive a nutritional meal as well as you also helping to create a place where they can belong, find community, and thrive.